



## EVENT REPORT



**Name of the event-** CAMP (Career and Mentorship Program)

**Topic-** Virtual Nutrition Coaching: The Future of Nutrition Guidance

**Date and time-** 22-12-2023, 07:00PM – 08:00 PM (IST)

**Digital Platform-** Zoom Meetings

**Type of the event-** Webinar

**Speaker** – Ms Pooja Murjani, Nutrition Fellow, FHTS

**Moderated by-** Ms Gunjan Sooden, Public Health Analyst, FHTS

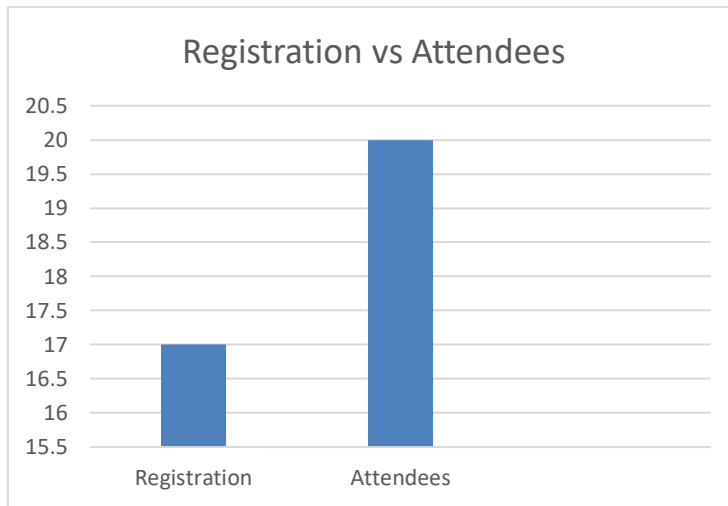
## SUMMARY

CAMP is a unique, first of its kind, public health Career and Mentorship Program that aims to provide students an opportunity to explore career pathways in the field of public health. This program orients and equips prospective students towards building a successful public health career and its related fields. [Read More](#)

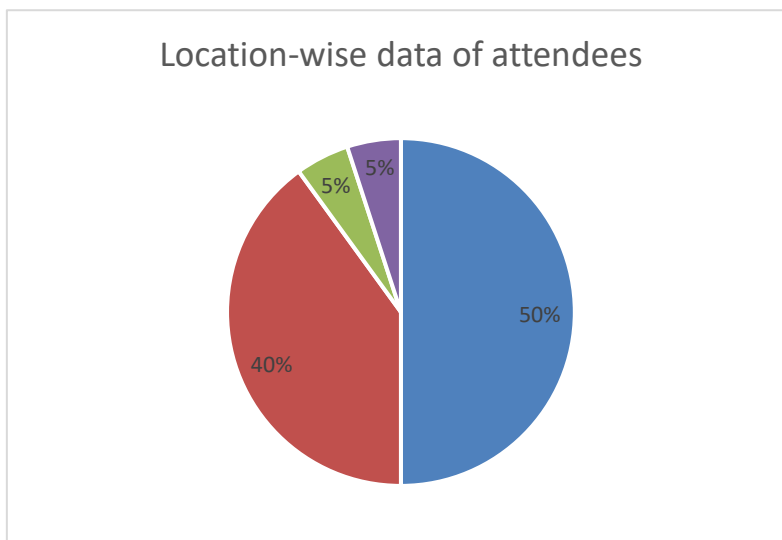
The tenth event under CAMP initiative was conducted on 22<sup>nd</sup> December 2023, on **Significance of Research in the field of Nursing**. The objective of this topic was to foster innovation through harnessing the power of technology to make personalized, effective, and sustainable choices for a healthier lifestyle.

## HIGHLIGHTS

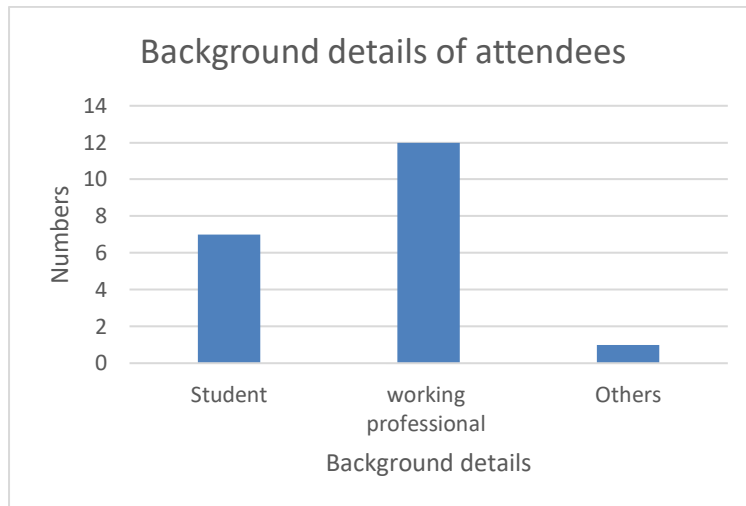
- There were 17 registrations made and 20 attendees attended the session out of which 95% were female and 5% were male.



- The maximum number of attendees were from Delhi and Telangana and rest were from 2 other Indian states.



- The majority of the attendees of the session were working professional.



- The attendees of the session were diverse and included professionals, academicians, and students from various healthcare and allied sectors.

## **WEBINAR**

The speaker of the session was Ms Pooja Murjani. The session focussed the significance of Virtual Nutrition Coaching and the evolving landscape of Nutrition Guidance. She commenced by addressing the current state of nutrition and health, followed by an exploration of how technology is influencing the future of nutritional advice and also emphasized the advantages of tailored nutrition and its impact on both individual and public health, specifically underscoring the potential of Virtual Nutrition Coaching to benefit large populations. Towards the conclusion, she provided a glimpse into what the future holds and concluded by introducing the academic program, namely the Certificate in Health and Nutrition Informatics. The session proved to be engaging and provided valuable insights.

## **SUGGESTIONS AND FEEDBACK**

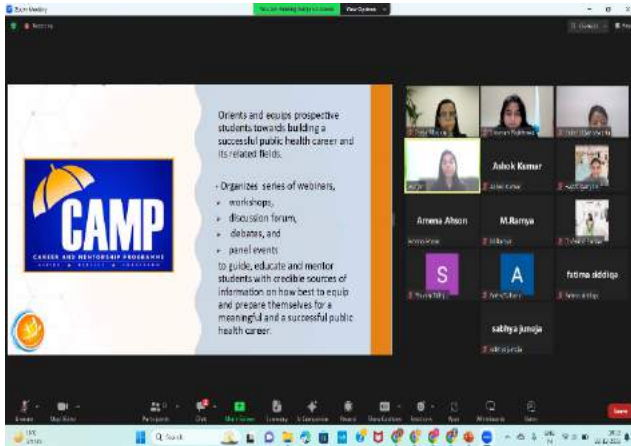
- Good session
- Helpful information

## **FEW SUGGESTED TOPICS BY ATTENDEES**

- More information about future trends

- Nutritionist and dietician scope in future
- Diet Counselling and Menopause

## SNAPSHOTS OF THE EVENT



report-20231222-newdelhi-dl-camp1



report-20231222-newdelhi-dl-camp2

