

# V-INSPIRE PUBLIC HEALTH

*virtual- Interactive Novel Support Program for  
Innovation, Research & Entrepreneurship*



**Foundation of Healthcare Technologies Society**  
New Blessings Through Technology Empowered Reforms

# FOUNDATION OF HEALTHCARE TECHNOLOGIES SOCIETY

The Foundation of Healthcare Technologies Society, established in 2012, is a nationally registered non-profit dedicated to improving health and well-being through community-engaged research, quality education, skill-based learning, and technology-driven innovations for better population health outcomes.

FHTS, a **SMAART** Center founded by Dr. Ashish Joshi, focuses on human-centric, impact-driven solutions to improve global health and well-being.



## VISION

**Translate public health education** into meaningful community impact for overall good health and well-being of all.



## MISSION

Generate new knowledge to **promote and sustain good health and well-being** for all through **community-engaged research, excellence in education, and commitment to public service** guided by data and, evidence informed policy and practices.

# v-INSPIRE PUBLIC HEALTH

Virtual-Interactive Novel Support Program for Innovation, Research and Entrepreneurship in Public Health



v-INSPIRE program aims to address the population health challenges of the 21st century by enhancing academic and non-academic skills of students using an innovative and participatory experiential learning experience.

Originally conceptualized as INSPIRE in 2013, this program transitioned into v-INSPIRE during the COVID-19 pandemic, offering students a transformative virtual learning experience.

## v-INSPIRE:

*Bridging Knowledge and Real-World Solutions*



**Real-world exposure**



**Personalized Mentorship**



**Career-readiness & confidence building**



**Flexible Virtual & On-site opportunities**



**Designed to address pressing public health challenges**



**Integrates academic knowledge with field-based and community participatory learning**



**Development of technical & soft skills**

# CORE COMPETENCIES

## *Building a Strong Foundation in Public Health*

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## LEARNING OUTCOMES

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### PUBLIC HEALTH FOUNDATIONS

- Understanding Public Health Challenges
- Community-Based Participatory Research



### DATA AND ANALYTICAL SKILLS

- Data Collection, Analysis & Visualization
- Scientific & Manuscript Writing



## *Skills and Expertise you will gain*

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### **LEADERSHIP AND MANAGEMENT**

- Leadership & Communication
- Project Management & Teamwork



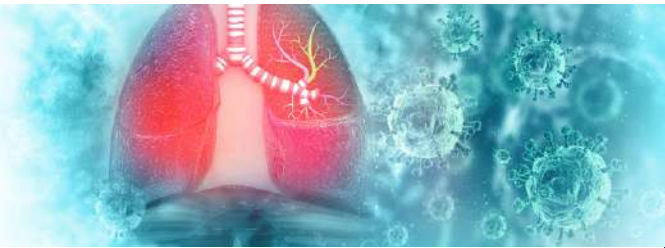
### **TECHNOLOGY AND INNOVATION**

- Designing & Evaluating Health Tech Solutions
- Interdisciplinary & Employable Skills

# FOCUS AREAS

*Driving Innovation in Key Public Health Domains*

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**Non-Communicable  
Diseases**

**Nutrition & Well-being**



**Pandemic Preparedness**

**Consumer Health  
Informatics**



**Digital Health**

**Misinformation &  
Infodemics**



**Workforce  
Strengthening**



# Internship & Research Opportunities

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**Virtual & Onsite Internships**

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**Dissertation Mentorship**

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**Fellowship Programs**

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**Community-Based Participatory Research**

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## Hands-on Learning & Engagement

- **Community Engagement**
- **Health Data Analysis & Visualization**
- **Scientific Writing**
- **Storytelling with Data**
- **Leadership Exercises**
- **Project Management**

## MENTORSHIP

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*Each student is paired with a dedicated mentor for personalized guidance throughout the program.*

# Empowering Future Public Health Leaders Through Experiential Learning

Committed to a student-centered environment, we offer experiential learning programs that equip future public health leaders with essential 21st-century **skills, innovation, and a global perspective.**

**765+ Enrollments out of  
4600+ Applications received**

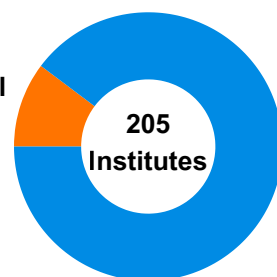
## Global Representation

**16+ Residential  
Countries**

**27 Indian States  
4 Union Territories**



**20+ International  
Institutes  
180+ Indian  
Institutes**



**Trusted by  
Leading  
Institutions**



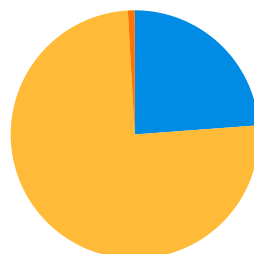
## Diverse and Impact Driven

*by gender*

**81% Female  
Participation**

*by degree*

**1% PhD Students  
71% Masters  
21% Bachelors**



# Life at v-INSPIRE

- Learning Beyond Classrooms
- Collaborative environment
- Exposure to diverse healthcare systems globally
- Real-time application of public health concepts
- Insights into community engagement, research ethics, and leadership



*Undergraduate students from the University of Bingham, Nigeria visited FHTS a one week Global Public Health Internship program*

## Pathways after v-INSPIRE



Employment



Fellowship



Teaching Assistantship



Digital Portfolios

*by profession*



**43% Medical Graduates**

# v-INSPIRE Journey of Transformation

## Experiences from our Interns



**Sehla Tabassum**  
**Master's Student**

Interning at the Foundation of Healthcare Technologies Society (FHTS) was a really great experience for me. I got to work on real public health topics and learned how things work outside of textbooks. The team was very supportive and always ready to guide and help whenever I had questions. This internship helped me grow my skills, boosted my confidence, and gave me a better understanding of how research and health programs are actually carried out. I'm truly thankful for the chance to be part of FHTS and would definitely recommend it to other students looking to learn and grow in the public health field.

**Education:** *Completed Masters in Public Health, Jamia Hamdard University*

**Internship Period:** *February to April 2025*

My experience with the v-INSPIRE program at FHTS has been incredibly enriching. The program offered a unique blend of practical learning and real-world application, allowing me to explore the intersection of healthcare and technology. The mentorship and guidance I received were invaluable, and the opportunity to contribute to meaningful projects has significantly enhanced my skills and knowledge. I am grateful for this experience and would highly recommend it to anyone looking to make an impact in the field of public health.

**Education:** *Pursuing Masters in Social Work, Mahatma Gandhi Chitrakoot Gramodaya Vishwavidyalaya*

**Internship Period:** *April to September 2024*



**Ashutosh Shrivastava**  
**Master's Student**

"My time as a Public Health intern at FHTS has been an invaluable experience. I have had the privilege to work alongside dedicated professionals who are truly passionate about making a positive impact on community health. From assisting in data analysis for epidemiological studies to contributing to health promotion campaigns, every day has been a new learning opportunity. I am grateful for the mentorship, hands-on experience, and exposure to real-world public health challenges. This internship has solidified my commitment to a career in public health, and I am excited to continue applying the skills and knowledge gained here to create a healthier future for all."

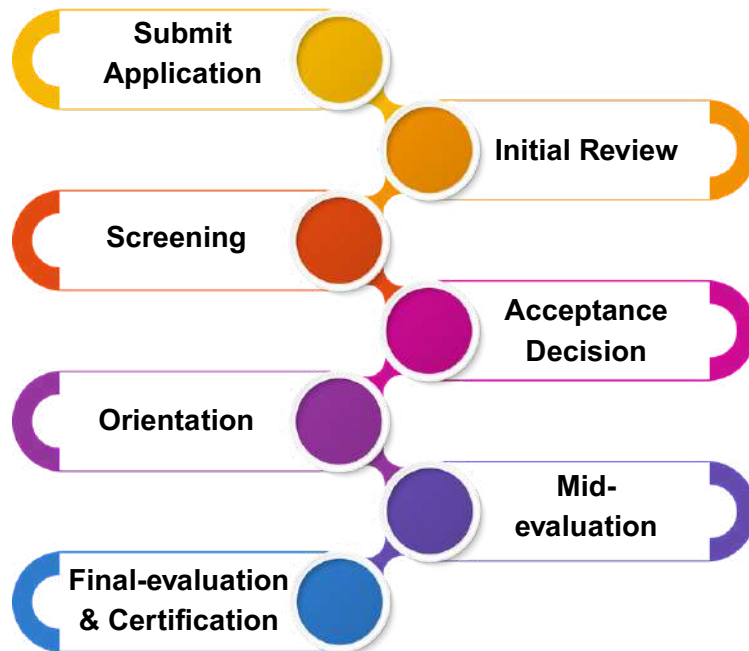
**Education:** *Pursuing B. Tech (Biotechnology), Vellore Institute of Technology*

**Internship Period:** *May to June 2023*



**Mridula Sharma**  
**Bachelor's Student**

# The v-INSPIRE Journey: *Internship, Outcomes & Future Pathways*



**Join a Thriving Global Network  
& Shape the Future of Public Health**

*For more information*

 [fhts.ac.in/v-inspire/](https://fhts.ac.in/v-inspire/)

*Apply Now*

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**Rolling admissions:  
Apply any time of the year**

**Contact us at +91-8527897771**

**Send your applications to  
[admissions@fhts.ac.in](mailto:admissions@fhts.ac.in)**





“

*At FHTS, we are committed to fostering academic excellence, leadership, and innovation in public health. Our internship program equips students with the skills and experience to drive meaningful impact. For over 13 years, we have built a platform that nurtures critical thinking, interdisciplinary collaboration, and real-world problem-solving.*

*As you embark on this journey, embrace challenges, think beyond boundaries, and transform vision into action.*

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**Dr. Ashish Joshi**  
(PhD, MBBS, MPH)

**Founder (FHTS & SMAART Lab)**

Certified as a Scientific & Industrial Research Organization (SIRO) by the Department of Scientific and Industrial Research (DSIR), New Delhi, Govt. of India.



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