

FHTS

Somdutt chamber-2, 321-323, 3<sup>rd</sup> Floor, Bhikaji  
cama Place, Rama Krishna Puram, New Delhi,  
Delhi-110066



## EVENT REPORT



**Name of the event-** CAMP (Career and Mentorship Program)

**Topic -** Scope of Nutrition informatics in India.

**Date and time-** 20th Aug 2022, 6:00PM – 7:00 PM (IST)

**Digital Platform-** Zoom Meetings

**Type of the event-** Panel Discussion.

**Moderated by-** Pooja Murjani (Nutrition Informatics Fellow)

**Panelist -** Bhavya Malhotra (Research Program Manager), Shruti Sharma (Public Health Researcher), S.K. Revathi (Nutrition Informatics Alumni)

### SUMMARY

CAMP is a unique, first of its kind, public health Career and Mentorship Program that aims to provide students an opportunity to explore career pathways in the field of public health. This program orients and equips

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prospective students towards building a successful public health career and its related fields. CAMP will organize series of webinars, workshops, discussion forum, debates, and panel events to guide, educate and mentor students with credible sources of information on how best to equip and prepare themselves for a meaningful and a successful public health career. The initiative brought together a group of panellists from varied public health education and career backgrounds in an attempt to provide a safe space for the aspirants to discuss and bring to the light their concerns and questions pertaining to pursuing career in public health. CAMP is an initiative by the aspirants, for the aspirants.

The LOGO for CAMP ‘Career and Mentorship Program’, shaped in the form of an Umbrella, is a depiction of safe space, that aims to provide a platform for Public Health aspirants to achieve their professional goals under the right guidance of experienced professionals through effective mentoring and counselling. A hub where the aspirants, public health students, and professionals seek and aspire to engage and network with each other, reflect on their experiences and together transform the present and the future public health community.

The first event conducted on 13<sup>th</sup> Feb 2021 under the CAMP initiative was a panel discussion that discussed questions posed by the aspirants. It envisaged various areas of concerns and current stance with respect to career choices and academic preferences in public health. Guidance for informed decision making and gauging the preparedness of the aspirants for the field of public health was the focus of the event. The event was moderated by Dr. Ashish Joshi, PhD, MBBS, MPH, founder FHTS, he shed light on some of the most important aspects to be considered and added value to every point discussed in the event. Panelists hailing from universities in India and abroad provided an insight into their own journey and shared experiences on academic and as well as non-academic grounds. The event gained positive feedback from the attendees for the vast expanse of questions answered and a factual, affable sharing of experiences.

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## **GOALS AND OBJECTIVES**

To create a community of public health aspirants and a platform to share insights, views and, real-life experiences of professionals in the field, with a keen focus on mentorship, informed decision making and assessing preparedness of the aspirant for a career in Nutrition Informatics. In this event, Scope of Nutrition Informatics was discussed with the panelists.

## **EXECUTION**

The event was implemented by a dedicated team Pooja Murjani-Moderator, Bhavya Malhotra, Shruti Sharma, S.K.Revathi- Panelist, A.T.Ranjini, Mansi Shukla - Coordinators. Conceptualization to implementation was a 2 Weeks process. Coordinators conceptualized and presented the event framework, implementation plan and social media strategy by Ankita Kohli. The panelists were informed and guided regarding the flow of the event. The medium for dissemination of the information was through various communication platforms of the organization. The digital form was circulated across all platforms for registration and probing into queries of the aspirants. Our moderator for the event, Pooja Murjani, ensured the lucid flow of questions and discussion, and also engaged the attendees in an interactive discussion.

## **HIGHLIGHTS**

- Over **30** registrations were made for the event.
- Attendees from **2 countries** and over **10+ cities in India** registered for CAMP.
- **Aspirant engagement** was seen over all the communication platforms of the organization.
- Attendees were professionals, academicians, and students from various healthcare and allied sectors.
- Researchers, Data science, Nursing, House surgeon, Health coach, Veterinary, Dentists, Dieticians, Public health professionals, Ayush, Nutritionist, and anthropologists, are the various fields that our attendees hailed from.

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## **PANEL DISCUSSION**

Panelists - Bhavya Malhotra Ph.D. Fellow in Population health informatics and Shruti Sharma Ph.D. Fellow in Population health informatics discussed the topic in brief about - “Scope of nutrition informatics” in which they covered about basics of Nutrition Informatics and explained nutrition and dietetics professionals to more effectively use their knowledge and skills through the support of technology in brief. They also discussed the use of systems for reliable data collection, organizing that data, and its meaningful interpretation which will facilitate stakeholders for policymaking.

The following questions were discussed in depth during the event:

What is the scope of nutrition informatics?

How relevant to Public Health and Nutrition Sciences?

How it can be applied to practical learning?

In what all domains can Nutrition Informatics be applied?

How it is beneficial to the development of a career?

What is the difference between Informatics and Information Technology?

This panel discussion was an interactive session.

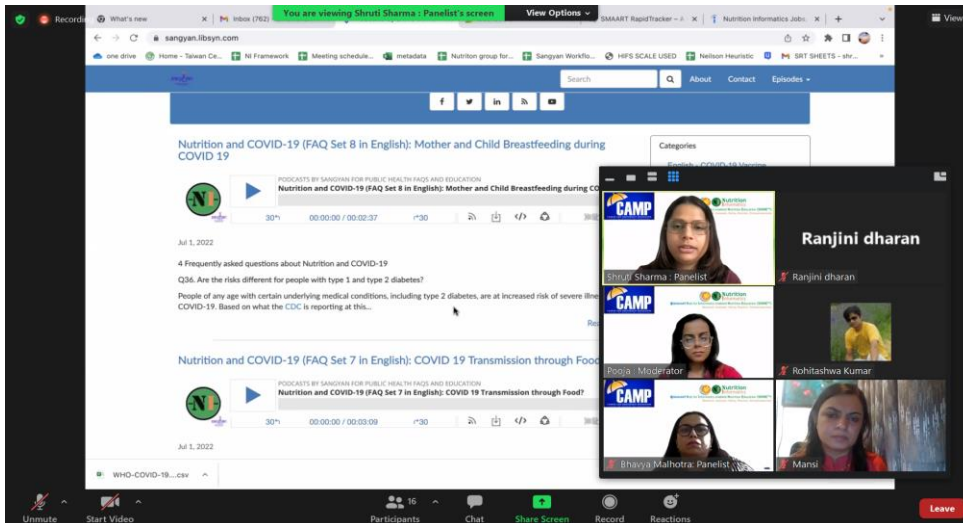
Nutrition informatics course alumni from the first batch - S.K. Revathi being a public health professional has shared her own experience in pursuing this course like how this course has helped her in furthering her career, what did she gain from this course, and shared her own feedback for upcoming students as well.

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## SNAPSHOTS OF THE EVENT



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Recorded | What's new | You are viewing Shruti Sharma - Panelist's screen | View Options | SMART RapidTracker | Nutrition Informatics Jobs

dietsds.org/admin/food/list

Control Panel

All Food Items


Show 50 entries

Name	Category	Type	Measurement	Calories (kcal)	Protein (g)	Carbohydrates (g)	Fat (g)
Aaloo matar	Vegetables	✓	150 g	190	7	16	45
Almonds	Nuts and Oil Seeds	✓	4 number	30.45	0.9205	0.152	29
Aloo Gobi (potato, cauliflower, cooking oil)	Vegetables	✓	50 g	69.54	1.106	4.722	5.148
Aloo Gobi (potato, cauliflower, cooking oil, onion)	Vegetables	✓	65 g	77.04	1.286	6.387	5.163
Aloo Gobi (potato, cauliflower, cooking oil, onion, tomato)	Vegetables	✓	80 g	80.04	1.421	6.927	5.193
Aloo Gobi (potato, cauliflower, cooking oil, tomato)	Vegetables	✓	65 g	72.54	1.241	5.262	5.178
Aloo Palana	Cereals	✓	1 number	192	3.4	20.59	120
Aloo Paratha (refined wheat flour, cooking oil, aloo)	Cereals	✓	1 number	226.59	5.52	38.862	
Aloo Paratha (refined wheat flour, cooking oil, aloo, butter)	Cereals	✓	1 number	262.69	5.545	38.862	
Aloo Paratha (refined wheat flour, cooking oil, aloo, butter, ghee)	Cereals	✓	1 number	307.69	5.545	38.862	
Aloo Paratha (refined wheat flour, cooking oil, aloo, ghee)	Cereals	✓	1 number	271.59	5.52	38.862	
Aloo Paratha (whole wheat flour, cooking oil, aloo)	Cereals	✓	1 number	213.15	5.04	36.99	


SHRUTI SHARMA - Panelist

You are viewing Pooja - Moderator's screen | View Options

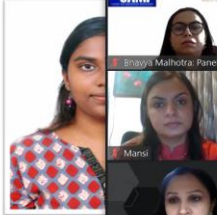
## OUR PANELISTS



**BHAVYA MALHOTRA**  
Research Program Manager



**SHRUTI SHARMA**  
Public Health Researcher



**S.K. REVATHI**  
Public Health

Participants | Chat | Share Screen | Record | Reactions

