



Foundation of Healthcare Technologies Society

WORLD DIABETES DAY 2023

Date: 21/11/2023

Place: Foundation of Healthcare Technologies New Delhi

Time: 06:00 pm to 07:00 pm

Total number of participants: 26

Total female participants: 20

World Diabetes Day

World Diabetes Day, initiated in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO), is an annual global event designed to spotlight the escalating threat of diabetes. Its primary objectives include raising public consciousness, fostering comprehension of diabetes, and advocating for concerted efforts in preventing and managing the condition on a worldwide scale.

This year's theme of World Diabetes Day emphasizes the crucial need for universal access to essential diabetes care. It underscores the significance of not just diagnosis and treatment but also equitable availability of care for all individuals affected by diabetes. The campaign aims to empower individuals with diabetes while also educating and encouraging proactive measures in prevention and management.

Diabetes, a chronic and preventable health issue, profoundly impacts millions across the globe. With an estimated 422 million affected individuals, predominantly residing in low- and middle-income countries, and an alarming annual toll of 1.5 million diabetes-related deaths, the urgency to combat the escalating prevalence of this condition is evident. World Diabetes Day serves as a platform to address this concerning rise and to advocate for better resources, education, and management strategies.

In acknowledgment of World Diabetes Day's significance, Foundation of Healthcare Technologies Society (FHTS) organized an interactive quiz contest. This event, aligned with the primary goals of the awareness campaign focusing on Diabetes Mellitus, aimed to debunk myths surrounding diabetes while disseminating accurate information. The intent was to inspire collective action towards a healthier future by empowering individuals with the right knowledge.

In order to celebrate World Diabetes Day 2023, FHTS organized an online quiz contest with the overarching aim of promoting greater awareness, understanding, and proactive engagement concerning diabetes. The contest was specifically designed to serve the following purposes:

Objectives

- Assessing participants' understanding of diabetes types, symptoms, risk factors, and management strategies.
- Providing a platform for sharing accurate, reliable information about diabetes care and prevention.

- Creating an interactive environment for participants to learn from each other's experiences and insights.
- Fostering a sense of community among participants to encourage mutual support and shared responsibility towards diabetes awareness.
- Inspiring individuals to take proactive steps towards healthier lifestyles and better diabetes management.
- Commemorating World Diabetes Day by promoting a proactive stance against diabetes through an engaging and educational activity.

These aims were directed at leveraging the quiz contest as a means to achieve specific outcomes, aligning with the broader objectives of World Diabetes Day.

Details

Date: 21st November 2023

Venue: FHTS, New Delhi

Start time: 6:00 PM

End time: 07:00 PM

Objective: To raise awareness and education among participants for facilitating Knowledge Sharing, encourage Community Engagement, Promote Positive Health Practices, Empower the Youth, Provide a Platform for Factual Dissemination on Diabetes and it's aspects

Number of participants: 26

Team Members: Mrs. Rajasuganya, Dr. Shubhangi, Dr. Jyoti, Dr. Sabhya and Ms. Shravani

Observation

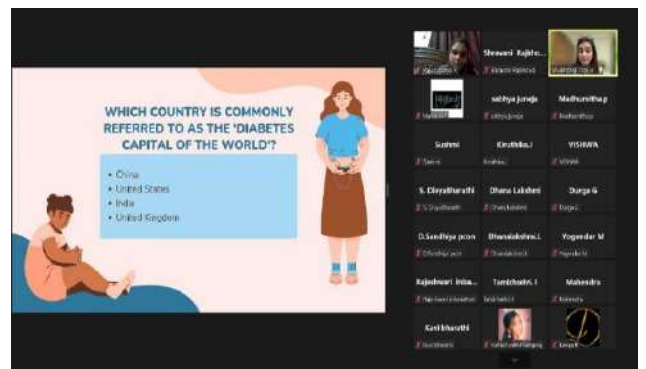
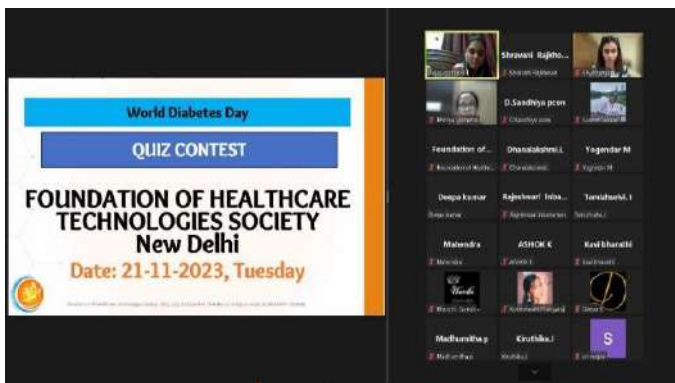
A total of 26 participants took part in the contest organized on 21st Nov 2023, at FHTS, New Delhi. Out of 26 three winners were shortlisted. It was observed that majority of the participants were active in answering the questions and almost all of them had attempted the quiz. It was interesting to see majority of the participants had scored above average indicating their knowledge level, and motivation to work in the area of Diabetes and their interest in raising the awareness.

Photo Gallery



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report-20231121-newdelhi-dl- publichealthevents-2



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List of Abbreviations

S. No.	Abbreviation	Full form
1.	IDF	International Diabetes Federation
2.	WHO	World Health Organization
3.	FHTS	Foundation of Healthcare Technologies Society